



DALLASTOWN COUGAR LITTLE LEAGUE

ASAP PLAN





- 1. League Safety Officer: David Miller is on file with Little League Headquarters. He is a member of the board.
- Dallastown Cougar Little League will distribute a paper copy of this manual to all Managers/Coaches, league Volunteers and the District Administrator Pete Kline
- 3. <u>Dallastown Cougars Little League Emergency Phone Numbers</u>:

Local Police / Ambulance / Fire: DIAL 911

League President: Matt Dowell: 717-856-8702

League Vice President: Chad Forry: 717-309-0634

League Player Agent: Crystal Dowell: 717-856-8703

League Treasurer: Heather Jackson:717-683-7078

League Safety Officer David Miller: 717-891-3812

League Field Maint. Bill Willder: 717-887-2159

Umpire In Chief Joe Turek 443-243-6295

*** THIS LIST WILL BE POSTED AT EACH FIELD***





- 4. Dallastown Cougar Little League will use the **Official Volunteer Application** form to screen all of our volunteers. Pennsylvania State Clearance Requirements are also required for all volunteers in Dallastown Cougars.
- 5. <u>Fundamentals Training- Two sessions</u>
 March 19th and March 23rd 2016

At least one manager /coach must attend the fundamentals training that is provided at least once every three years. The training will be held at the Dallastown Cougar Field and will be given by Dallastown Area High School Baseball Manager Greg Kinneman and Assistant Coach Steve Wise.





- 6. First Aid Training—March 19, 2016

 Bob Burton-Professional Trainer with OSS Health will provide the first aid training
- One Manager/Coach is required to complete the First Aid training. Each Manager/Coach must attend the first aid training once every three years
- One Manager /Coach and Team Mom from each team is required to complete the online Heads Up Concussion Training each year.





7. Field Inspection

- Managers/Coaches for the home team will be required to walk and inspect the fields prior to every practice and every game for any safety concerns. All safety concerns must be addressed before the practice or game starts.
- Umpires will be required to walk the fields to look for and address any safety concerns before a game begins.
- Any Field Maintenance /Safety Issues Report to Field Maintenance Bill Willders and Safety Officer Dave Miller.





8. 2016 Facility Survey

Dallastown Cougar Little League has completed and submitted the 2016 Facility Survey

9. 2016 - Concession Stand Safety

Dallastown Cougars Little League does not have any concession stands where there will be food preparation. There will be cold drinks and packaged snacks/candy available at some fields.





10. Equipment Inspection

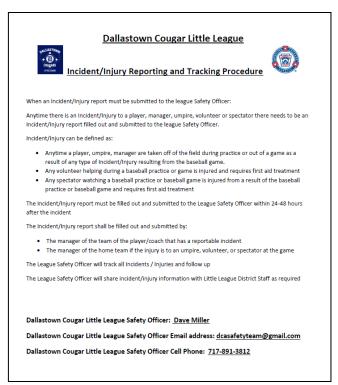
- ➤ The Director of Equipment inspects all equipment preseason and destroys/discards all defective/damaged equipment
- Managers / Coaches will inspect all of the players equipment prior to each game
- Umpires will be required to inspect players equipment before each game

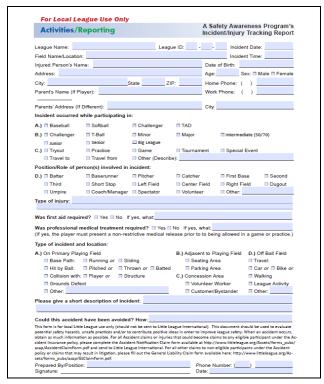




11. Prompt Accident Reporting

Dallastown Cougar Little League will use the provided incident tracking form from the Little League. Completed accident forms must be submitted to the Safety Officer within 24-48 hours of the incident Website and will provide. Please see copy of the Procedure and Tracking Form below that will be distributed to all Managers and Coaches









12. First Aid Kits

- Every Team will be supplied a well equipped First Aid Kit
- It is a requirement for Managers / Coaches to have a First Aid Kit at each practice and each game

13. <u>Little League Rules</u>

Da trai	llastown Cougar Little League conducted a Little League Rules ning session with Managers and Coaches March 23, 2016.
	Reviewed Little League Pledge
	Equipment requirements reviewed— Bats, Gloves, Mitts, Helmets, Catchers Helmet with required dangling throat guard, protective cups, No batting donuts, Spike requirements, breakaway bases
	Field Requirements—Base/Pitching distances, fence protected dugouts, no on deck batter, batters box, catchers box
	Pitching requirements/pitch counts/days of rest Strike zone
	Playing rules, sliding rules, re-entry, substitution, pinch runners, dug out rules, mandatory play rule
	Review league rules for stopping play for inclement weather and when play can be resumed





- 14. League Player Registration Data along with Manager and Coach Data is being submitted via the Little League Data Center at www.littleleague.org
- 15. Qualified Safety Plan Form is being submitted with this ASAP Plan